

2012 Spring Skills Training



Seattle Office of Emergency Management



**Registration required
for all classes.**

Course Descriptions

Light Search and Rescue: Hands-on class provides instruction on safe, effective search and rescue methods. Learn basic rescuer safety, search methods and markings, basic construction practices, utility control and safe lifting of heavy objects. Bring hard hat and leather gloves. Wear comfortable clothing and sturdy shoes to practice on the floor.

Basic and Disaster First Aid: Dual course teaches basic first aid and CPR as well as caring for multiple injuries after a major disaster when 9-1-1 is overwhelmed or unavailable. Class meets all Labor & Industry standards for First Aid and CPR, valid for two years.

Fire Extinguisher Use & Utility Control: Learn dangers of fire and how to use small, portable fire extinguishers. Two-hour class also teaches how and when to control utilities such as natural gas, water and electricity.

March 3: (choose a.m. or p.m.)

Fire Extinguisher Use & Utility Control
9:00-11:00 a.m. or 12:00-2:00 p.m.

March 17 or May 12:

Light Search & Rescue
8:30 a.m.-3:00 p.m.

March 31 or June 30:

Disaster First Aid—8:30 a.m.-5:00 p.m.

- ◆ Enhance your ability to personally respond during disasters.
- ◆ Excellent training for organized community groups—neighbors, friends, co-workers.
- ◆ Learn essential life-saving skills.

**All classes are held on Saturdays
at this location:**

Warren G Magnuson Park
7400 Sand Point Way NE
(Building 406, the Brig)

Classes are free. Space is limited.

TO REGISTER:

E-mail: snap@seattle.gov
Include your name, e-mail, phone,
course(s), and preferred date(s).
Questions: 206-233-5076



Classes start promptly at the scheduled time. Late arrivals may forfeit their place to those on stand-by.